



SARA WELLING

ACTOR | FIA | FREELANCER

- [Watch my showreel](#)
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EDUCATION

Uniart's Helsinki's Theatre Academy / Master of Arts (Theatre and Drama) / Helsinki 2012

PROFILE

Height: 166 cm

Birth year 1983 | Playing Age: 33-45

Special Skills: Singing (Mezzo-soprano-Soprano / Vocal Range: A-c3), dance, yoga, piano playing, and figure skating

Languages:

Finnish: native

English: excellent

Swedish, Danish, and Spanish: good/satisfactory

Second Profession:

Yoga Instructor (RYT 500)

Motherhood:

Since 2015

CAMERA

- Roba TV series (Magda Pedersen/Yellow Film/ Jani Ilomäki, 2023)
- Sunnuntailounas TV series (Raija/ Yellow Films/ 2019)
- Tarina hiirestä short film (Finland's Next Top Model host/ Veera Tapper, 2019)
- Syke TV series (Mother/ Yellow Films/ 2018)
- Advertising film for the Salvation Army "Yksin" (Woman/ Otto Tuotanto/ Markus Virpiö, 2018)
- Viulisti film (Danish girl/ Mjök movies/ Paavo Westerberg, 2017)
- Trade short film (Netta/ Pertti Venetjoki, 2016)
- Roba TV series, season 3
- TV advertisement for Valio (Woman/ Frontdesc/ Lauri Nurkse, 2014)
- Rekonstruktio TV series (Woman/ Kuvataideakatemia/ Jonna Kina, 2012)
- Pikkuveli short film (Annika/ Bronson Club ja Solar Films/ Oskari Sipola, 2009)
- Miitta-aunt (A visitor in a skit/ Yle TV/ Jaakko Kangas, 2009)

THEATRE

- Helsinki City Theatre Engagement 2011-2014
- Verkossa (Irmeli Krans, Atika Schubert, multiple roles / Milko Lehto/ 2013-2014)
- Areenan aarteet (Soloist/ Kari Rentola/ 2013)
- Armi (Daughter-in-law, Riitta Immonen, multiple roles / Milko Lehto/ 2012- 2013)
- Kapteeninkadun tyttö (Mirkka/ leading role)/ Milko Lehto/ 2012) Link: <https://vimeo.com/257290738>
- Vastanaineet (Nancy Jones/ Mikko Kivinen/ 2011-2012)

CHANNEL ANNOUNCER

- Kasari Radio Channel, Announcer, Bauer Media, 2020-
- Kiss Radio Channel, Announcer, Bauer Media, 2016-2019
- Radio Nova Radio Channel, Announcer, MTV-3, 2010-2012

ANIMATIONS AND DUBBING

- Alvin and the Chipmunks – Claire (voice), 2007
- Surf's Up – Riders of the Storm – Lani (voice), 2007
- Shrek 3, Sleeping Beauty, 2007
- Various voices for animated series on TV

COMMERCIAL JINGLES

- Kaiku Radio Ad Competition 2019
- Winner in the Corporate Image category for the VO-Speak project
- Client: Kiwi Sounds/ Alma Media

AUDIOBOOKS, among others:

- Helkala-trilogia, Johanna Marttila, 2024
- Me emme elä samassa maailmassa kuin te, Karita Sainio, 2024
- Tavoitteena eettisesti kestävä työelämä,
- Kalliokoski-Karvetti-Ratsula, 2024
- Nukkemorsian, Tuija Lehtinen, 2023
- Vihreä kultakausi 1973-2008, Pekka Kauppi and Jyrki Kettunen, 2023
- Mies vailla sydäntä, Tuija Lehtinen, 2023
- Eliittiseuralaisen päiväkirja, Enni Levi, 2023
- Lintuhäkki, Josh Malerman, 2022
- Vammaiset, Matti Laitinen ja Paula Pietilä, 2022

AWARDS

- Kaiku Radio Ad Competition 2019
- Winner in the Corporate Image category for the VO-Speak project
- Client: Kiwi Sounds/ Alma Media

SINGER

I have worked as a singer and soloist in various music and theatre productions, musicals, concerts, and events:

- "Tämä ääni on mun" Album Launch Concert (Singer/ Hotel AX Club, Helsinki/ October 21, 2023)
- "Tämä ääni on mun" Debut Album (Sara Welling/ Texicalli 2023)
- "Tämä ääni on mun" Music Project (Vocals and lyrics: Sara Welling, Composition: Tuomas Hautala, 2020)
- Pepe Deluxe Album "Phantom Cabinet Vol.1" (Singer/ Catskills Records/ 2021)
- Pepe Deluxe Album "Queen of the Wave" (Singer/ Asthmatic Kitty Records/ Catskills/ 2012). Featured as a singer on the upcoming new album. Link: <https://vimeo.com/257291155>
- "Woman's Landscape" Music Project (Soloist, Composer: Tuomas Hautala, 2014-2015)
- Esa Nieminen's 60th Anniversary Concert (Singer/ Musiikkitalo/ Blue Media/ 2012)
- "Grab the Mic" (Soloist/ Yle TV2/ Fremantle Media/ 2012)

FREELANCE THEATRE PRODUCTIONS

- Comeback (Leena Möttönen/ Aleksanteri Theatre/ Peacock/ Petteri Summanen/2014)
- Paratiisi (Filling Role: Mike, multiple roles/ Theatre Takomo/ Joensuu City Theatre/ Sini Pesonen/ 2011)
- Runar ja Kyllikki (Kyllikki (leading role)/ Kouvola Theatre/ Henrik Timonen/ 2011)
- Taikatalvi (The Moomins) (Little My/ Linna theatre/ Fiikka Forsman/ 2009-2010)
- Forum- Sattuipa hassusti (Tintinabula/ Samppalinna Summer Theatre/ Heikki Sankari/ 2007)
- MTV3, 50th Anniversary Show (Leading role in the performance, Blue Media/ Kari Heiskanen/ 2007)
- Kiss me Kate (Ensemble/ Heinola Summer Theatre/ Markus Packalen/ 2006)
- Promenade of Fame (Soloist/Ensemble/ Blue Media/ Niklas Roström/ 2006)
- Aikuisten Oikeesti (Soloist/Ensemble/ Uusi Iloinen Teatteri/ Tiina Puumalainen/ 2005)
- Let's Christmas (Soloist/Ensemble/ Step Up Oy/ Marco Bjurström/ 2004)
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OTHER EDUCATION IN THE FIELD OF ARTS

- Lahti Folk High School/ Theatre Program/ Lahti/ 2005-2006
- Musti Music Theatre/ Musical Theatre Program/ Helsinki/ 2004-2005
- Brandbjerg Folk High School/ Studies in theatre, music, and dance/ Denmark, Jelling/ 2004
- Theatre High School Rödskilde/ Studies in theatre/ Denmark, Stege/ 2003-2004
- High School Diploma/ Haukilahti High School / Espoo / 2002 (+ Pro Musica Medal and Certificate of Honor)

